

Miijim: Traditional Foods of the Anishinaabeg

Approximately 500 sq. ft.

8 Week Minimum Loan Period, Loan Fee \$1000 plus shipping and all applicable taxes

The Anishinaabeg believe that the Creator placed all things, including the Anishinaabeg themselves, upon the earth. He is the Great Provider and all that comes from the earth and the water is a gift to his people, and all that is provided is all that is needed.

In return for the abundance of gifts, the Creator has placed a responsibility of safekeeping upon the Anishinaabeg - *gimiinigoowizimin gaaganawendang* - as “keepers of the gifts.”

This foundational belief informs the Anishinaabeg relationship to the traditional foods they enjoy.

This exhibit, done in partnership with iskwewizaagegan No. 39 Independent First Nation and the Natural Resources Institute of the University of Manitoba, focuses on **miijim - food** - and its importance to the body, mind, soul and heart of the Anishinaabeg.

CONTENT: 18 banners and banner stands, approximately 35” x 83” containing information panels depicting traditional foods, the creator’s garden, food and ceremony, food and seasons, health benefits, medicine and crafts, fish, wild game, wild rice and blueberries.



MIIJIM: TRADITIONAL FOODS OF THE LAKE OF THE WOODS ANISHINAABEG

An Exhibit of the Lake of the Woods Museum,
Iskatewizaagegan #39 Independent First Nation,
Natural Resources Institute of the University of Manitoba

This exhibit consists of the following information panels:

- 1 Miijim: Traditional Foods of the Lake of the Woods Anishinaabeg / Anishinaabe Gaabi**
Inanjiged Zaagaiganiing - Introduction
 - 2 Miijim: Traditional Foods of the Lake of the Woods Anishinaabeg / Anishinaabe Gaabi**
Inanjiged Zaagaiganiing - Credits
 - 3(a) Creator's Garden / Gizhe Manidoo Ogitigaan**
 - 3(b) Medicine / Mishkiki and Crafts / Aabiji-jigaanan**
 - 3(c) Food / Miijim and Ceremony / Inabiwinikewin**
 - 4(a) Food and Seasons / Gii-maawiji'doowad Miijim**
 - 4(b) Fall / Tagwaagin and Winter / Biboon**
 - 4(c) Spring / Ziigwan and Summer / Niibin**
 - 5 Contemporary Issues / Noongom ga-izhiwebok**
 - 6 The Feasts / Wiikwangewag**
 - 7 Health Benefits / Ge-onjimino'ayaang wiiji'iwewin**
 - 8 The Community Garden / Iskatewizaagegan gitigaan**
 - 9 Four Main Food Groups / Gaa Niiwaanagakin Maayaa Miijimon**
 - 10(a) Blueberries / Minaan**
 - 10(b) Blueberry Stories / Odibaajimawad Minaan**
 - 11(a) Fish / Gigoo**
 - 11(b) Fish Stories / Odibaajimawad Giigoowa'**
 - 12(a) Wild Game / Aandawenjigewin**
 - 12(b) Preparing the Game / Odoonizhaan wiiyaas**
 - 13 Wild Rice / Manomin**
- 8 - 9 x 9" captioned photographic prints of winter net fishing (in plastic bin)**

ARRANGEMENT OF BANNER STANDS

Banners 1 and 2 go back-to-back and are drawn from the same base. A small attachment, which can be found in an inside pocket of the banner case, is inserted in the top of the fold-out supporting pole, in order to secure both banners to the single pole.

Banners 3 (a,b,c) should be grouped together with Banner 3(a) placed between Banners 3(b) and 3(c)

Banners 4(a,b,c) should be grouped together with Banner 4(a) placed between Banners 4(b) and 4(c)

Banners 5, 6, 7, 8 should be grouped together in the order of their numbers.

Banner 9 introduces the remainder of the banners.

Banners 10(a) and 10(b) go back-to-back and are drawn from the same base. A small attachment, which can be found in an inside pocket of the banner case, is inserted in the top of the fold-out supporting pole, in order to secure both banners to the single pole.

Banners 11(a) and 11(b) should be grouped together.

Banners 12(a) and 12(b) should be grouped together.

Banner 13 stands on its own.